



Page 5

Kayenta Middle School donates to animal shelter

# THE KAYENTA TODAY

THE NEWSPAPER OF THE KAYENTA TOWNSHIP AND COMMUNITY



A Free Publication from the Kayenta Township



Page 7

Beautification Project

June 18, 2015

WWW.KAYENTATOWNSHIP-NSN.GOV

## Kayenta Justice Center Dedication



Left: Navajo Nation Correctional - Delores Greyeyes, Middle: Navajo Nation President Russell Begay, Right: Kayenta Police Officers

Kayenta Ariz. - The Navajo Nation Department of Corrections held a Grand Opening on May 29, 2015. The Navajo Nation President Russell Begay provided the Keynote address, also the Navajo Nation vice president Jonathan Nez added his sentiment to a small crowd in the courtyard at the new facilities.

It is a huge undertaking to build a magnificent structure. There are different sections of the building, two sections will house inmates and other sections for administrative staff. President Begay added it is a blessing to the community. Begay says while he was a council delegate he was on the Law and Order Committee of the Navajo Nation Council and he remembers Delores Greyeyes coming before the committee with her proposals.

He commended Greyeyes, department manager for Navajo Nation Department of Corrections. She put a great deal of work to bring this infrastructure to the community, she used her skills and working long hours on budget matters and traveling to Window Rock. Greyeyes says many times she felt like giving up but those long hours working on plans, were rewarding. The Division operates under

the 1992 Consent Decree a \$34 million dollar operation which is part of the one hundred and fifty-two million dollars administered under the Department of Corrections, which covers; planning, renovation, and construction of Tuba City, Crownpoint. Currently, 50% of Chinle facility are almost complete according to Greyeyes.

Most facilities on the Navajo Nation are not up to standard and condemned by Office of Environmental Health, although these conditions present health issues, buildings are still occupied. As a result, a design was implemented to begin the planning process of new facility. "Kayenta Township started on an initial design, which Greyeyes submitted to the American Recover and Reinvestment Act (ARRA) and received a grant in the amount of \$34 million dollars to do a needs assessment, to move forward with construction documents, specification on the 2 facilities." stated Gabriel Yazzie, Township Manager.

Jonathan Nez reported the new administration will bring new workers to build a more professional environment. He commended the community for the economic contribution using sales tax. The sales tax was viable in building the facilities.

He mentioned his appreciation for Navajo County and their partnership.

Jesse Delmar, newly appointed Division Director for Navajo Nation Division of Public Safety says he was honored to have been selected. In the standard of unity, he recalls the Tribal Law and Order Act, which was signed by president Obama five years ago, "It is a result of an outcry from Indian Country. It is a comprehensive approach to criminal justice in Indian country. The act speaks of unity in six articles, including collaboration and working collectively. The problem of crime is not acknowledged in our society and people are needed to plan, overcome challenges with drug and alcohol abuse."

In 1951, Carol Todacheene's father Samuel Holiday, Navajo Code Talker, was a police officer. He patrolled areas from Navajo Mountain to Lechee and Black Mesa. Her father recalls booking inmates in Window Rock, Arizona, and an all-day drive from Kayenta. As the new building was under construction, he admired the structural beauty and thought it is a Walmart being built. Todecheene is also the chairperson for the Kayenta Township Commission.



## Kayenta's 4th of July Open Rodeo Still a Go!

Kayenta, Ariz. - This year's theme is Honoring our Veterans. There was minor confusion regarding this year's production of the 4th of July rodeo. Some people may have misunderstood the rodeo was cancelled but all plans are underway to make this a successful event. The Rodeo will start on July 1, 2015 beginning with Open Jr. Rodeo. Special events include Saddles to all event winners and award to all around. Added attraction featuring Jr. barrel racing and One long go. The rodeo attraction will continue through July 2 to the 4th. This year the All Around horse trailer sponsor was donated by Burger King and Hampton Inn, we would to thank this year's sponsors. Kayenta Township will feature our very own veterans. Our veterans will be the Grand Marshal for this year's parade. The township has been working closely with the veterans' organization to make preparations for the upcoming events. Veterans

will line up on Saturday morning during the Kayenta 4th of July Parade. As usual, registration which is free and cash awards will go to the best float entry. The parade will start at 10:00 am from the Kayenta Volunteer Fire Department on Highway 163. Kayenta veterans will also provide color guard at Grand Entry all three nights starting on July 2, 3, through the 4th. The Kayenta Field day is scheduled for Saturday, June 20, 2015, at Kayenta Recreation Park. Activities include events such as mud run, BMX and skateboard competition, slippery pole, tug-o-war, hot dog eating contest, gunny sack race, tire roll, water balloon toss, egg toss, sunflower spitting contest, watermelon eating contest, Nerf football, bubble gum contest and 3 legged race. Battle of the Bands will start at noon till midnight. Kayenta Field Day events are free, some events will start as early as 9:00 am and scheduled all day.

## NAVAJO SPECIAL DIABETES PROJECT GARDEN PROJECT

Kayenta, Ariz. - When we first started this garden project at Kayenta Community School we never imagined we would get so many offers of assistance in planting, irrigation and especially in harvesting. As of today, the school has planted and they have sowed native seeds into their garden beds. Kayenta Public Health Nursing program also planted a little section and they will maintain their plots. Last year the children planted miniature dwarf orchard trees; apple, apricot and peach trees on the northern most section of the garden. The KCS garden will be irrigated by a drip system to conserve our precious water as much as possible and with future plans of irrigating with captured rain water.

This garden will not only teach our children how to plant but our adult how our ancestors lived a healthy lifestyle by keeping and tending to gardens and used Mother Nature as a teacher. With this hands-on gardening experience they will see the soil, water and sun come together in harmony to transform a seed into a living thriving fruit bearing healthy produce. They will taste the wonders of fresh foods they have planted themselves and learn teamwork from tending

to the garden themselves. NNSDP staff teaches gardening will tie the students to the land as their ancestor did before them. Gardening offers many opportunities for them to connect with how their ancestors incorporating native plants into their diet and how health complications were nonexistent back then. These learned skills can be transferred into their own homes and into their own gardens, thereby benefiting their own health and the health of their immediate families. NNSDP would like to thank the New Dawn Program for contributing the seeds, to Kelly Yazzie, Maintenance Supervisor for providing the labor, man power and equipment necessary to make this all possible and to the Kayenta Community School for allowing NNSDP to take on this initiative. NNSDP purchase all the necessary items for this garden and KCS put in the fencing, irrigation system, wind breakers, and tilled the mulch into the garden. NNSDP and its partners look forward to working with New Dawn, Kayenta Community School and anyone else that would like to assist in making this a continuing success for years to come...for our children health sake. Bryan Parrish, PSI



**NAVAJO NATION SPECIAL DIABETES PROJECT**  
www.nnsdp.org

Running for a Stronger & Healthier Navajo Nation

Relay Run Around the Navajo Nation

**SATURDAY, JULY 25, 2015**  
Thru  
**SATURDAY, AUGUST 1, 2015**

**NNSDP Contact by Service Area**

- Chinle Service Area  
Phone: 928-674-2422
- Crownpoint Service Area  
Phone: 505-786-2372
- Fort Defiance Service Area  
Phone: 928-729-4490
- Kayenta Service Area  
Phone: 928-697-5670
- Shiprock Service Area  
Phone: 505-368-1382
- Tuba City Service Area  
Phone: 928-263-3058

\*The Navajo Nation Special Diabetes Project is NOT responsible for any loss, due to accidents, theft, bodily injury, and including loss of property.

For more information on this event please contact NNSDP - Central Office: 928-871-6278 or 6424. "The Ultimate Choice To Healthy Living Begins With Me!"

**July 25, 2015**  
White Rock - 6 AM  
Naschitti  
Tohatchi  
Mexican Springs  
Bahaasclah  
Rock Springs - 6 PM

**July 26, 2015**  
Rock Springs - 6 AM  
Tsayatoh  
Oak Springs  
Pine Springs - 6 PM

**July 27, 2015**  
Pine Springs - 6 AM  
Wide Ruins  
Greasewood  
Steamboat - 6 PM

**July 28, 2015**  
Cameron - 6 AM  
Tuba City  
Tonalea - 6 PM

**July 29, 2015**  
Tonalea - 6 AM  
Ts'ah Bil' Kin (Inscription House)  
Naatsis'aan (Navajo Mountain) - 6 PM

**July 30, 2015**  
Dennehotso - 6 AM  
Mexican Water  
Teec Nos Pos  
Beclabito - 6 PM

**July 31, 2015**  
Beclabito - 6 AM  
Gah'liahi  
Shiprock  
Hogback  
San Juan  
Nenahnezah  
Upper Fruitland - 6 PM

**August 1, 2015**  
Upper Fruitland - 6 AM  
Lake Valley - 6 PM

# KAYENTA BATTLE OF THE BANDS

**FREE EVENT** **ALL AGES**

SPONSORED BY **FREE T-SHIRTS**

## SPECIAL GUESTS

# THE FINAL FRONTIER

## A TRIBUTE TO IRON MAIDEN

MIDNIGHT RYDERS ~ TESTIFY ~ COUNTRY MUDI  
~ LIGHTS ON FOR SAFETY ~ NATIVE VOLTAGE ~  
AKOOL BOY KOOK ~ LATIGO

**JUNE 20, 2015 ~ 12PM TO 10PM**  
**KAYENTA RECREATION PARK**

ALCOHOL FREE EVENT - VIOLATORS WILL NOT BE TOLERATED. WE ARE NOT RESPONSIBLE OR LIABLE FOR INJURY, THEFT OR DAMAGES OF ANY KIND.

### KAYENTA NAVAJO VETERAN'S ORGANIZATION, Inc.

#### MEMORIAL DAY EVENT

#### VETERAN'S MEMORIAL PARK

#### MONDAY MAY 25, 2015

10:00 am - 2 pm  
1. Welcome Address  
2. Prayer / Blessings  
3. Keynote Speaker  
4. Flag Folding  
5. Potluck - BRING A DISH

6:00 AM FLAG RAISING BY LOCAL VETERANS

CONTACT: COMMANDER THOMAS WHITE PHONE # 606-272-3418  
VICE COMMANDER EMMELENE WHITEHORSE PHONE # 602-524-9527



Window Rock, Ariz. - Sheriff KC Clark, Navajo County Sheriff's Office with the President of the Navajo Nation, Russell Begaye and Navajo Nation Vice-President Jonathan Nez at the 2015 Inauguration in Window Roc, Ariz. "The Navajo County Sheriff's Office congratulates President Begaye and Vice President Nez. We look forward to the continued partnership with the Navajo Nation".

JULY 2ND 2015 **KAYENTA AZ**

# Hand Drum Contest

M.V.H.S. NASH CENTER

One Man Hand Drum Contest age 16 & up

**Free**

## ALL HAND DRUM SINGERS AND ROUND DANCERS WELCOME

Master of Ceremony - Jr Keeswood

1ST \$175.00  
2ND \$150.00  
3RD \$125.00  
4TH \$100.00  
5TH \$75.00

Three rounds  
Three good songs

Registration open at 5pm  
Contest at 6pm

Audio Chief

The previous committee, Mr. and Mrs. M.V.H.S. Club and Kayenta Township are not responsible for any injuries, damages or stolen items. This is a drug free event. www.info.contact Councils Redhouse 526.797.8813

FREE KAYENTA AZ 4TH OF JULY FREE

# POW WOW

JULY 3RD & 4TH 2015  
M.V.H.S. Nash Center

Northern Drum Calling Eagle  
Southern Drum Comanche Red

Master of Ceremony JR Keeswood  
Arena Director Ambrose Redhouse  
Head Man/Lady Picked per session  
Head Gourd Dancer Steve Darden

Committee Specials Mens Fancy Womens Fancy Shawl

Gourd Fri. 3pm - Sat. 10am & 5pm  
Grand Entry Fri. 7pm - Sat. 1pm & 7pm

Contest in all Categories Split Northern & Southern Drum contest

Audio Chief

The previous committee, Mr. and Mrs. M.V.H.S. Club and Kayenta Township are not responsible for any injuries, damages or stolen items. This is a drug free event. www.info.contact Councils Redhouse 526.797.8813

J. SMILEY/INDIGENOUS MOVEMENTS PRESENTS

# OUT 4 MUTTON

JULY 3RD/4TH @ KAYENTA SKATEPARK

LIVE PERFORMANCES  
OPEN CYPHERS  
LIVE MINI-MURALS  
FOOD & BUILDING..

Ethnic DeGeneration  
Runingwitharrows  
Klee Benally  
Wake Self & Def-1 (Definition Rare)  
DJ Randy B  
Artson  
DJ Smog  
Amanda Blackhorse  
... and more

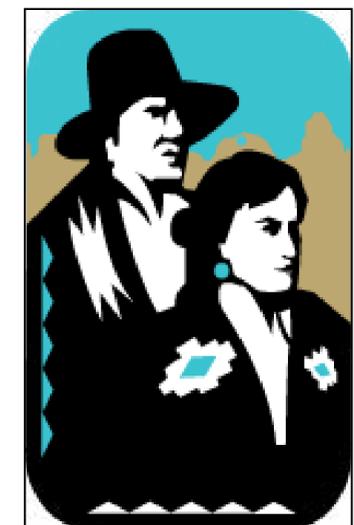
For more information:  
Jay Smiley (928) 221-7561 jaysmiley81@gmail.com  
Malcolm Benally (505) 210-0597 mdbenally@salud.unm.edu  
www.healthyvoices.org  
blog: nbc.healthyvoices.org  
Sponsored by Navajo Birth Cohort Study

Kayenta Township is now accepting applications for the following position

**DEPARTMENT MANAGER**  
DEPT: Development Services  
Location: Kayenta Township  
Closing Date: Open Until Filled  
Salary: DOE +14% Fringe Benefits: Standard, Township-provided benefits for salaried-exempt employee, including the following

- 401 K retirement account
- Health, dental, life, vision and disability insurance (HMA, AFLAC & Met Life)
- Sick Leave
- Vacation
- Holiday Pay

To Apply Submit the following: 1. Kayenta Township Employment Application; 2. Resume; 3. Copy of Degree / Certificates; and 4. Three (3) Letters of Recommendation. All applicants are subject to background checks and drug testing. All positions require state Driver's License. Housing will not be provided. Navajo Preference will taken into consideration. Visit Kayenta Township at [www.kayentatownship-nsn.gov](http://www.kayentatownship-nsn.gov) for an application. Kayenta Township, P.O. Box 1490 Kayenta, Ariz. 86033 Phone (928) 697-8451



NAVAJO  
NATION  
SHOPPING  
CENTERS  
INCORPORATED

## Kayenta Middle School donates to Kayenta Animal Shelter

Kayenta, Ariz. - Thank you, Kayenta Middle School for their Pennies for Puppies drive. Through the funding program, KACCHas received 250 lbs. of dog food and six bags of cat litter. Students also donated 40 towels.



## KAYENTA FITNESS CENTER

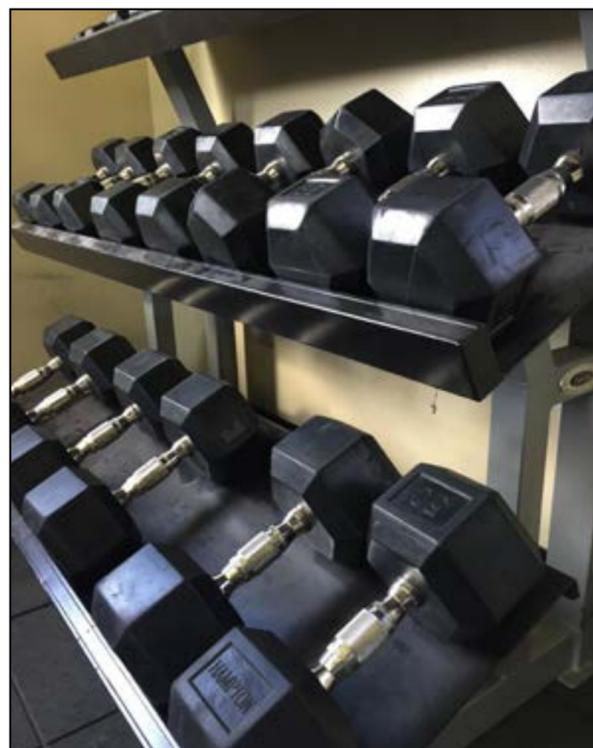
Kayenta, Ariz. - The Kayenta Fitness Center (KFC) has recently changed business hours and increased membership fees. The new business hours for the fitness centers are Monday through Friday from 6:00 a.m. to 9 p.m. and now includes Saturdays from 8:00 a.m. to 5:00 p.m. The new membership fees is now \$2.00 a day for a day pass and monthly fee have changed to \$35.00 monthly membership fee increase. According to Joann Begay, Kayenta Fitness Leader the "KFC is also in the process of getting certified personal trainers to assist and advise KFC members. There are also new items that have been added to gym equipment. 1 set of Kettle bells, which is great for all body workout for a lean, stronger and firmer body. Also 1 set of plyometric boxes (12, 18 and 24 inches high) this is good for basketball and volleyball players, it's also a great workout for your legs." The Kayenta Fitness Center opened its doors on June 6, 2012 and was officially opened on June 7, 2012. This marks 3 years of providing fitness program for the

community of Kayenta and the surrounding areas. There are over 150 active monthly membership and over 1000 adults and youth attending the fitness center on an annual basis. The Kayenta Fitness Center has developed partnerships with the Navajo Nation Special Diabetes Project. NNSDP has conducted free health screening to promote living a healthier lifestyle. The partnership includes the 5000 minute challenge running and walking series, which more than 50 people have signed up for the challenge. Free screening are conducted by the Navajo Nation Special Diabetes staff to check blood sugar reading, initial body weight, calculate body mass index, body fat percentage and waist circumference for a more accurate reading. KTC also partnered with Wells Fargo employees to do a weight challenge for a duration of three months. "They had a wonderful time doing the challenge" said Joann Begay. The center also provides filtered water and patrons can bring their own water bottles. Currently, there are

3 treadmills, 1 elliptical, 1 multi station 2 benches and 2 set of free weights, leg press, seated leg curl, leg extension, chess press, overhead press, and row/rear delt station. The fitness center is located on Highway 163, one mile north from the intersection of US Highway 160, next to the NTUA field office.

For more information and hours of operation you may reach the Kayenta Fitness Center staff at 928-697-8487.

**Kayenta Fitness Center**  
**Monday – Friday: 6:00 am – 9:00 pm**  
**Saturday: 8:00 am – 5:00 pm**  
**Daily Fee: \$2.00**  
**Monthly Annual Membership: \$35.00**  
**Kayenta Fitness Center Leader: Joann Begay**  
**Kayenta Fitness Center Assistant: Susanna Staley**  
**Phone: 928.697.8487**  
**On Kayenta Township Facebook**  
**Water Available – Bring water bottle**



**KAYENTA COED SOFTBALL TOURNAMENT 2015**

**AWARDS!**  
 1ST - \$50 PER TEAM ENTRY  
 2ND -  
 3RD -  
 MVP -  
 ALL TOURNAMENT -

**SATURDAY JUNE 27TH 9AM - 7PM**  
**SUNDAY JUNE 28TH 9AM - 5PM**

**KAYENTA RECREATION PARK**  
 FOR MORE INFO CONTACT: DELBERT LEE  
 PHONE: (928) 697-8487 EMAIL: DELEE.LP@TOWNSHIP.NSN.GOV

**FREE EVENT 2ND ANNUAL KAYENTA MUD RUN**

**JUNE 20TH KAYENTA RECREATION CENTER**  
 REGISTRATION STARTS AT 9AM AND THE RACE STARTS AT 10AM

FOR MORE INFORMATION CONTACT  
 BOBZ BLAIR AT (928) 697-8487  
 WWW.KAYENTATOWNSHIP.NSN.GOV  
 NOT RESPONSIBLE OR LIABLE FOR INJURY, THEFT OR DAMAGES OF ANY KIND

**9TH ANNUAL BMX/SKATE COMPETITION**

**SKS DIVISION**  
 1ST - 2ND - 3RD PLACES  
 4000 FT. HILL TAKE  
 10:00 AM - 11:00 AM

**BMX STREET FREESTYLE**  
 1ST - 2ND - 3RD PLACES  
 4000 FT. HILL TAKE  
 10:00 AM - 11:00 AM

**JUNE 20TH, 2015 @ 11AM**  
**KAYENTA SKATE PARK**

FOR MORE INFORMATION CONTACT  
 BOBZ BLAIR AT (928) 697-8487  
 WWW.KAYENTATOWNSHIP.NSN.GOV

# KAYENTA FIELD DAY

**10AM JUNE 20TH KAYENTA, AZ**  
**KAYENTA RECREATION PARK**

**MUD RUN**  
**BMX/SK8 COMPETITION**  
**BATTLE OF THE BANDS**  
**HOT DOG EATING CONTEST**  
**WATERMELON EATING CONTEST**

**SPONSORED BY** **TUG - O - WAR** **MCBI JAMES JONES!**  
**DUNK TANK**  
**POLE CLIMB CONTEST**

**SLIDES**  
**FIELD GAMES**  
**FREE FOOD**  
**FREE T-SHIRTS**  
**MUCH MORE!**

**FREE EVENT!** **FAMILY FUN!**

**RUN** **JUMP** **PLAY**

DRUG & ALCOHOL FREE EVENT - VIOLATORS WILL NOT BE TOLERATED  
 NOT RESPONSIBLE OR LIABLE FOR INJURY, THEFT OR DAMAGES OF ANY KIND  
 FOR INFORMATION: (928) 697-8451 OR WWW.KAYENTATOWNSHIP.NSN.GOV

## A Joint Project Agreement between the State of Arizona and Kayenta Township

Kayenta, Ariz. - The State of Arizona, through It Department of Transportation (ADOT Aviation) and Kayenta Township seek to enhance the transportation infrastructure and generate a cost-sharing project. The township manager, Gabriel Yazzie met with ADOT to generate a discussion to pave the Kayenta airstrip and develop a mutual consent to sign a joint agreement with ADOT.

Under the agreement the township is required to pay for the ten percent of the total cost of \$801,268.00. Kayenta Township through a special meeting on May 26, 2015, approved a budget reallocation in the amount of \$80,126.80 to supplement the ADOT grant.

The project will consist of one quarter slurry and remove the surface and recondition the Kayenta airstrip (0V7). The economy of the Kayenta Township and the surrounding communities depend largely on tourism. With an influx of tourism and population growth, the health and security depend on the ability of mobile emergency transportation, including air transportation.

The Kayenta Township has developed an airstrip serving the regional northern Arizona to meet the needs and expectation of the residents and business of the township and surrounding communities. The township is looking at improvements and upgrading to an airport.

ADOT is also seeking to enhance transportation infrastructure and oversee cost sharing programs to assist localities with transportation projects, including airport improvements.

## Community Beautification along Highway 160 and 163 Corridors and Hotel Occupancy Tax

Kayenta, Ariz. - The Kayenta Township Commission approved the expenditure of \$100,000.00 for the Initial Planning for Community Beautification along Highway 160 and 163 Corridors.

The Beautification Project is to enhance positive publicity. A pleasant community appearance adds to community value, help attract business investments and improves the community's reputation. Creating attractiveness is important because Kayenta is considered as the gateway to several tourist destinations such as Monument Valley, Tsegi, Betatikin, and Canyon De Chelly. Highway

160 and 163 are heavily used by tourist and others traveling through the area.

The Commission has determined local businesses, residences, and surrounding communities would likely benefit from the beautification of Highway 160 and 163 Corridors.

To properly implement the beautification of Highway 160 and 163 corridors, this will require land use analysis, environmental studies, conceptual design and estimates and other financial planning.

The Commission approved the expenditure of \$100,000.00 for beautification efforts to begin on Highway 160 and 163 Corridors.

The Kayenta Township Commission also passed the Hotel Occupancy Tax Ordinance.

The Commission deems it in the best interest of the Township to increase the amount of the tax to eight percent. Effective June 1, 2015, the rate of tax will be eight percent of the price paid for a room in a hotel.

The Commission enacted a Hotel Occupancy Tax Ordinance and its accompanying Regulations No. KTCS-72-11 (September 12, 2011) to impose a lodging tax on hotels, motels, tourist homes, tourist courts, lodging houses, inns or rooming houses for the purposes of generating additional revenues to accommodate immediate and future economic growth requirements and to cover the cost of increased governmental responsibilities in infrastructure development and tourism related areas.



PINON 725-3535    DILCON 657-3717    KAYENTA 697-8427

Add a little Slice to your life

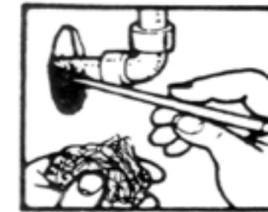
**Pizza EDGE**  
ARIZONA

TUBA CITY 283-5938    CHINLE 674-3366



## The Prevention of Hantavirus Disease

Air out closed buildings 1 hour. Disinfect places rodents have been, then clean up.



Repair screens and holes or cracks in walls.



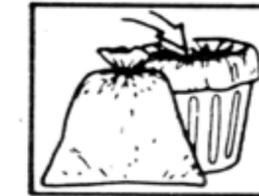
Wear rubber gloves. Trap and disinfect rodents.



Disinfect and clean up rodent nests and droppings.



Put materials in 2 trash bags; throw away, burn or bury.

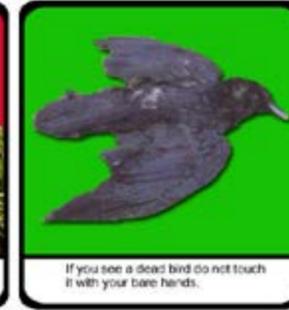
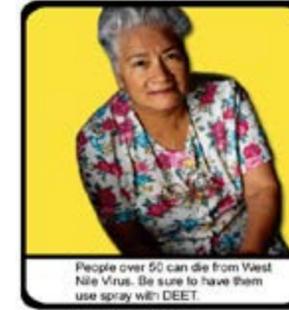
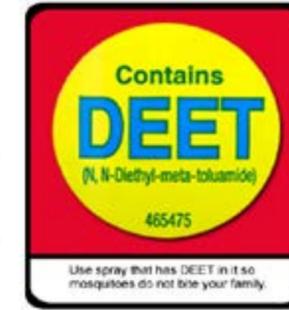


### Formula for Disinfectant Solution:

1 and 1/2 cups of chlorine bleach to every gallon of water. Or use household spray disinfectant.

For more information, call your state health department. Or call CDC toll-free at 1-877-232-3322.

## You Need to Protect Your Family From West Nile Virus



## Protect yourself from plague



### What is plague?

Plague occurs naturally in the western United States, particularly Arizona, California, Colorado, and New Mexico. The plague bacterium (*Yersinia pestis*) is transmitted by fleas and cycles naturally among wild rodents. Plague can also infect humans and their pets.

### How do people get plague?

- Bites of infected fleas
- Touching or skinning infected animals (such as prairie dogs, squirrels, rats, and rabbits)
- Inhaling droplets from the cough of an infected person or animal (especially sick cats)

### Common forms of plague

**Bubonic plague** is the most common form of plague. It usually occurs after the bite of an infected flea. The key feature of bubonic plague is a swollen, painful lymph node, usually in the groin, armpit or neck. Other symptoms include fever, chills, headache, and extreme exhaustion. A person usually becomes ill with bubonic plague 1 to 6 days after being infected. If not treated early, the bacteria can spread to other parts of the body and cause septicemic or pneumonic plague.

**Septicemic plague** occurs when plague bacteria multiply in the bloodstream. Symptoms include high fever, exhaustion, light-headedness, and abdominal pain. Septicemic plague can quickly cause shock and organ failure.

**Pneumonic plague** occurs when plague bacteria infect the lungs. Symptoms include high fever, chills, cough, difficulty breathing, and coughing up bloody mucus. Pneumonic plague is almost always fatal if not treated rapidly.

**If you develop symptoms of plague, see a health care provider immediately.**

Plague can be treated successfully with antibiotics, but an infected person must be treated promptly to avoid serious complications or death.

### Protect yourself if you live in an area where plague occurs:

#### Protect you and your family

1. Eliminate nesting places for rodents around homes, sheds, garages, and recreation areas by removing brush, rock piles, trash, and excess firewood.
2. Avoid picking up or touching dead animals.
3. Wear gloves if you must handle sick or dead animals.
4. Report sick or dead animals to the local health department or law enforcement officials.
5. Do not let pets sleep in the bed with you. This has been shown to increase your risk of getting plague.
6. Use insect repellent that contains DEET to prevent flea bites.

#### Protect your pets

1. Treat dogs and cats for fleas regularly.
2. Keep pet food in rodent-proof containers.
3. Take sick pets to the veterinarian promptly.
4. Do not allow pets to hunt or roam in rodent habitat, such as prairie dog colonies.

# JUST MOVE IT

This year, marks our 18th Annual "Just Move It" Event Series in the Kayenta Service Unit (KSU). The Kayenta Health Promotion Disease Prevention (HPDP) Program collaborates and coordinates the JMI events with local health programs, schools, chapters and businesses. The Kayenta Just Move It Event is scheduled Thursday, June 25, 2015 at Kayenta Recreation Park Gazebo. Registration will begin at 6:00 pm. Please arrive on time and make sure you invite your family, friends and co-workers.

It is up to each of us to shape healthier lives and communities, T'áá hwo' aji t'éego. For 18 years, our Kayenta communities have taken action about their health by Just Moving It! Just Move it started in Kayenta area in 1997 and has grown to 11 communities and 1212 participants in 2015. We start in May and end in July.

This non-competitive, family-fun event is free to all. Everyone who registers and walks or runs, can earn a "2015 Just Move It T-shirt. If you attend three JMI events, you get the next Step Incentive which is a 20 oz. Infusion Cup. We truly enjoy see the participants at all JMI events. Their smiling faces and energy inspire everyone to come out and walk or run.

Being physically active everyday can help you stay healthy and prevent diabetes and heart disease.

If you want to find out more information about Just Move It events in your community, you can go to our website: [www.navajojmi.com](http://www.navajojmi.com) or [www.justmoveit.org](http://www.justmoveit.org). Phone number is: (928) 697-4249 or 4208. Ahe'hee.



## 18th Annual Kayenta JMI Just Move It

### Family Fun Runs & Walks

**FOR MORE INFORMATION:**  
**Kayenta Health Center**  
**HPDP Office:**  
**928-697-4249/4000**  
**Fax: 928-697-4145**

**Just Move It**  
**T'áá hwo' aji t'éego**

**Please eat a healthy snack before JMI, bring water, wear sunscreen, a hat, comfortable shoes and sunglasses to protect you from UV light.**

Location	Date	Registration Starts	Walk Starts	Registration Ends
Shonto Prep Elementary	Thursday, June 04, 2015	6:00 PM	6:30 PM	7:15 PM
Peabody Western Coal	Thursday, June 11, 2015	6:00 PM	6:30 PM	7:15 PM
Ts'ah Bii Kin Senior Center	Thursday, June 18, 2015	6:00 PM	6:30 PM	7:15 PM
Dennehotso Old Chapter House	Tuesday, June 23, 2015	6:00 PM	6:30 PM	7:15 PM
Kayenta Recreation Park Gazebo	Thursday, June 25, 2015	6:00 PM	6:30 PM	7:15 PM
Chilchinbeto Chapter House	Thursday, July 09, 2015	6:00 PM	6:30 PM	7:15 PM
Navajo National Monument Park Visitor Center	Thursday, July 16, 2015	6:00 PM	6:30 PM	7:15 PM



# HI-COUNTRY

## Auto Group

## The Navajo Birth Cohort Study Enters Its Third Year

by Malcolm Benally

The Navajo Birth Cohort Study is an exciting opportunity to answer questions that have lingered among Navajo communities for over 80 years. The people want to know if the waste remaining from the uranium mining period is affecting health in the communities. Of particular concern has been the affect on children and future generations. The Kayenta community is now in the early stages of recruiting participants: moms-to-be, dads, and babies as the new Kayenta Alternative Health Care facility is getting set to open in late 2015.

In 2007 Congressional representative and then California Senator, Henry Waxman

began a series of hearings to understand why more than 500 abandoned uranium mine sites and their more than 1,000 waste sites remain Navajo lands more than 20 years after the last mines had closed. Te Waxman Congressional hearings lead to a 5-year plan to bring together federal agencies led by U.S. Environmental Protection Agency to first understand and then begin to clean up these sites.

In 2010, the congressional committee overseeing the process requested that health studies be added to the effort, and the Navajo Birth Cohort Study (NBCS) was born in response to community concerns. The NBCS is an opportunity to bring together community members, researchers, tribal and federal programs, and clinical health providers to learn from each other and try to determine if there is relationship between exposures to uranium waster, birth outcomes, and child

development in Navajo communities. he involvement of the Navajo Division of Health's Community Health Environmental Research Staff (CHERS) in collecting information helps to build research skills for future studies. Home environmental assessments provide participating families with information on risks for their children's health, as well as information on any metals identified in their urine or blood that might indicate other exposures of concern as well – or he study may commonly confirm that there is nothing to be concerned about. Assessments of child development will also provide early warning of any possible problems, and make sure children are connected to services that will maximize their developmental potential at earlier times when they are most beneficial.



Mae-Gilene Begay introduces the Honorable Jonathan Hale, Chair of Health and Human Services Committee to address Navajo Birth Cohort Study field staff at the Navajo Nation museum, December

2014. Photo by Malcolm Benally

The recent detection of metals, including uranium, in babies brings home to all of us the importance of these studies to protect the health of future generations.

Program Director of the CHR/Outreach Program Mae-Gilene Begay from the Navajo Department of Health says to the younger Navajos, "The future of our great

Navajo Nation rests with your commitment to help our people overcome the health disparities that impact our communities. We will continue to educate and recruit young moms so we can find solutions for the communities that requested this study." The preliminary data from the first cohort study participants is beginning to come in and show results.

So learn about the Navajo Birth Cohort Study! Listen to our two-minute radio program Women's Health Minute, watch our YouTube videos on the NBCS, visit us on Facebook, visit [www.healthyvoices.org](http://www.healthyvoices.org), or call for more information at 1 (877) 545-6775. Join us now!

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**Proud Sponsor**  
**Kayenta 4th of July Rodeo**

# KAYENTA FAMILY CHIROPRACTIC

Please take a moment to read this important notification from **KAYENTA FAMILY CHIROPRACTIC** regarding our **Independence Day Holiday Schedule** and **New Business Hours**:

**INDEPENDENCE DAY HOLIDAY SCHEDULE:**  
We will be **CLOSED** Thursday, Friday, and Saturday July 4th, 5th, and 6th.

**NEW BUSINESS HOURS:**  
After the 4th of July Holiday, we are extending our weekday hours.  
We will be **OPEN MONDAY - FRIDAY** from 8:00 – 12:00 and 2:00 – 6:00.  
We will be Closed for Lunch from 12:00 – 2:00.  
We will be **CLOSED SATURDAYS**

**KAYENTA FAMILY CHIROPRACTIC**  
928.697.2547  
Randal S. Bouchard, D.C.  
Walter F. Robertson, D.C.  
Chiropractic Physicians  
Located across from the Post Office on Hwy 163

**KAYENTA FAMILY CHIROPRACTIC** is a Proud Sponsor of the **Kayenta 4th of July Rodeo**.  
Have a great time at the Rodeo and enjoy the fireworks!




## Kayenta Unified School District-Educational Activities to Support the Education of KUSD Students, Parents, Teachers and the communities we serve.

By Vangie Bradley-Wilkinson, KUSD Associate Superintendent of Support Programs

Kayenta Unified School District ended the school year on May 28, 2015. Although the school year ended, school activities have continued. Kayenta Unified School District (KUSD) instructional staff, from Preschool through high school met in collaborative teams from June 1-5, 2015 developing and aligning curriculum to the AZ College and Career Ready Standards. The collaborative team of teachers refined or developed pacing guides aligned to the school year calendar. Parents and community members will be able to view these pacing guides on the KUSD website. The pacing guides will provide information on what students will need to know and what teachers will teach at each grade level for English Language Arts and Mathematics and other content areas. Teachers created units that are aligned to the pacing guides and some grade level teams are continuing the curriculum process and have developed lesson plans aligned to the Units. The KUSD instructional staff will continue working on the curriculum when school resumes in August 2015. KUSD Governing Board must be commended for the support they have provided for the instructional staff to work in collaborative teams. The 2015-2016 School Calendar reflects that support. The teachers will continue to work in collaborative teams on the curriculum during the Delayed Start Days.

Kayenta Unified School District will be providing summer school to students in grades 3 and 4 at the Kayenta Elementary School. The focus of summer school is to address the academic needs in Literacy and Mathematics of students at those grade levels. Kayenta Middle School is providing summer school for students in grades 4-7. KMS will have two programs; one program will provide services for students that will be in grade 5 in the 2015-2016 school year, the other program will address the academic needs of students in grades 5, 6 and 7 for Literacy and Mathematics. Monument Valley High School is providing services for two groups of students, the students that will be in grade 9 during the school year 2015-2016, known as the Freshman Academy and the opportunity is available for students to recover credit through an online program with highly qualified teachers providing additional support to the students. These programs will begin June 8, 2015 through June 26, 2015, from 8:00 a.m. to 12:00 p.m. with transportation and meals provided.

Kayenta Unified School District Food Service Department is also participating in the Summer Food Service Program by providing free breakfast and lunch for children in the community under the age of 18. Adults may purchase breakfast for \$2.00 and lunch for \$3.00. Breakfast is served from 7:15 a.m. to 8:30 a.m. and Lunch from 11:00 a.m. to 12:30 p.m. In addition there are two breakfast specials, are available for mom's on Wednesday and dad's on Thursday.

Message from Kayenta Unified School District Superintendent Harry E. Martin, KUSD Superintendent

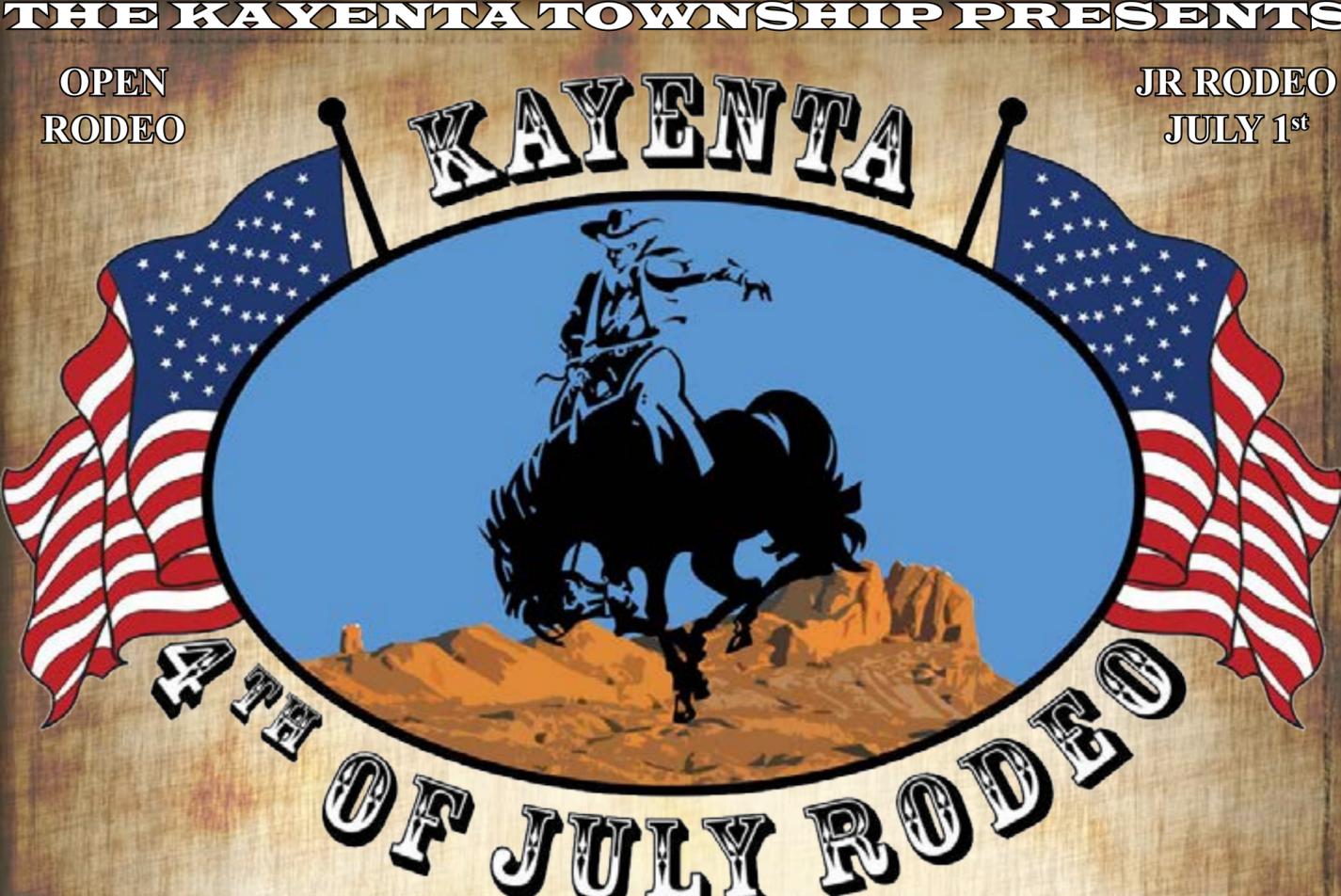
I would like to mention that my wife and I will be leaving to return to Ketchikan, Alaska to spend all of our time with two sons, their wives, and three remarkable grandchildren at the end of June. I appreciate you all being characters in my book of life as you have also enriched my life and challenged me to become a better person. We have appreciated the community, who has made Kayenta a pleasant and desirable place to live.

Thank you for adding to our lives. We have enjoyed and will miss all of you.

Harry and Christine Martin

# THE KAYENTA TOWNSHIP PRESENTS

OPEN RODEO
JR RODEO JULY 1<sup>st</sup>



## July 1, 2, 3 & 4, 2015 Kayenta Rodeo Grounds

<p><b>Awards</b></p> <p><b>Saddles to Event Winners</b> <b>Award to All Around</b> <small>*Must enter two or more events for the All Around Award</small> <b>\$1,500.00</b> Added Money Per Event <b>\$3,000.00</b> Added for Team Roping <b>\$500.00</b> Added for Jr. Barrel Racing</p> <p><b>Events</b></p> <ul style="list-style-type: none"> <li>• Bareback Riding</li> <li>• Saddle Bronc Riding</li> <li>• Bull Riding</li> <li>• Steer Wrestling</li> <li>• Calf Roping</li> <li>• Team Roping 2x</li> <li>• Ladies Barrel Racing</li> <li>• Ladies Breakaway Roping</li> </ul> <div style="border: 1px solid black; padding: 2px; margin-top: 10px;"> <p><b>Jr. Barrel Racing - Add Attraction</b> <small>*12 yrs. and younger to enter, not counted for All Around</small> <b>One Long Go, No Top 10</b> <small>*Will not count towards "All Around"</small></p> </div> <p style="text-align: center;"><b>G&amp;W DANCE</b></p> <p style="text-align: center;"><b>JULY 3<sup>rd</sup></b> <b>LATIGO</b></p> <p style="text-align: center;"><b>JULY 4<sup>th</sup></b> <b>SOUTHERN STRAIT BAND</b></p>	<p><b>Performances</b></p> <p>-July 1, 2015 - • <b>JR Rodeo</b></p> <p>-July 2, 2015: 8am- • <b>Slack for Time Events</b></p> <p>-July 2, 2015: 7pm- • <b>Performance</b></p> <p>July 3, 2015: 8am • <b>Slack, Rough Stock</b></p> <p>-July 3, 2015: 7pm- • <b>Performance</b></p> <p>-July 4, 2015: 1pm- • <b>Performance</b></p> <p>-July 4, 2015: 7:30 pm- • <b>Long Go and Short Round Top Ten</b></p> <p>-July 4, 2015: 7:30 pm- • <b>Top 10 Short Round</b></p> <p>-July 4, 2015: 10pm Approximately- • <b>Fireworks Show</b> <b>Rodeo Announcer: Kyle Tom</b> <b>-All-Around-</b></p> <p><b>Horse Trailer Sponsors</b></p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>	<p><b>Entry Fees</b></p> <ul style="list-style-type: none"> <li>• \$100.00 Per Event</li> <li>• \$50.00 Jr. Barrel Racing</li> <li>• \$200.00 Per Team Roping</li> </ul> <p><small>*Team Roping must enter with one entry form! No Exceptions! Will be mailed back if not entered on one form.</small></p> <p><b>-\$25.00 Administration Fee Per Contestant-</b> Mail in Entries Open, Monday: May 4, 2015 <small>*Post mark by Friday: June 12, 2015</small> <small>*Money Orders Only Payable to: Kim R. Jim</small> CES: Kim R. Jim PO Box 4222 Shiprock, NM 87420 <small>No Set Up's &amp; No "Call In" Entries. Walk in Entries: Friday: June 26, 2015 10am-7pm at Kayenta Township Office</small> <b>*CASH ONLY Must have correct change</b> Entry Forms will be posted on the Kayenta Township Website Draws will also be posted on Kayenta Township Website on June 29, 2015 <a href="http://www.kayentatownship-nsn.gov">www.kayentatownship-nsn.gov</a></p> <div style="text-align: center;">  </div>
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Call backs for Draws only: June 29 & 30 from 7pm-10pm. Number will be posted on entry form.  
For more information please call Jeff Jim at 928-209-2456 after 7pm